Ask My Buddy
Personal Alert + Network
www.askmybuddy.net

If this is a real emergency, please dial 911

Your Account information:
User ID (email address):
________________________________________________________________________

Password reminder:
________________________________________________________________________

Tip - Hang this somewhere easy to see often, such as a refrigerator.

Ask My Buddy is not a substitute for 911, but is an additional tool offering the security of knowing help is just a shout away.

Alexa, Ask My Buddy to alert

Enter your Contact’s first names below:

Example: John
________________________________________________________________________

Or just say one of these

Alexa, Ask My Buddy to alert everybody

Alexa, Ask My Buddy to Send Help

Alexa, Ask My Buddy to alert My Family

DIAL 911 on your telephone!

A voice call, a text message, and an email alert are sent to contacts using the information provided in the Contact list on the website.
Helpful reminders for you to cut out and keep in different places!

**Alexa, Ask My Buddy to SEND HELP**

Cut out and tape around your Echo

**Alexa, Ask My Buddy to Alert**

<table>
<thead>
<tr>
<th>Everyone</th>
<th>____________</th>
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<tbody>
<tr>
<td>__________</td>
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Write in the name of one of your contacts below

**Alexa, Ask My Buddy to Alert** ________

To alert all of your contacts at once say:
- Alexa Ask My Buddy to Alert All
- Alexa Ask My Buddy to Alert Everyone
- Alexa Ask My Buddy to Alert Everybody
- Alexa Ask My Buddy to Alert My Family
- Alexa Ask My Buddy to Alert My Kids
- Alexa Ask My Buddy to Send Help

To alert only one contact say:
- Alexa Ask My Buddy to Alert ContactFirstName

*Tip - Add yourself as a contact and practice sending alerts to your own name.*

Look for the monthly newsletter to learn about guest names to alert.

*Tip - To help you and your Personal Alert Network stay in practice, send an alert once a week.*

If you need any help please send email to support@askmybuddy.net
For hands on demonstrations and how-to videos, visit us at https://www.youtube.com/AskMyBuddy

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There are 2 parts to setting up Ask My Buddy. Enable & Link Accounts in the Alexa companion application and adding Contacts at the AskMyBuddy.net website. These can be done in either order.

Enable Ask My Buddy:
1. Open the Alexa companion application (either on your tablet / phone or at alexa.amazon.com)
2. Tap on Skills menu item
3. Locate Ask My Buddy in the skills list - easiest is to type Ask My Buddy in the search area, then press the magnifying glass in the orange area on the right.
4. Click on Enable Skill button on this page

Link Alexa and Ask My Buddy:
1. Tap on the button that says Link Account (will be below a button that says Disable)
2. The Ask My Buddy Login page will display

*** If you are using Alexa on a computer, and do not see a new page load, you may have Popup Blocker enabled. Click here to go to AskMyBuddy.net Help for directions to disable Popup Blockers. You may re-enable after Linking is completed.

If you have not already created an Ask My Buddy account,
3. Scroll down a little and press the button that says Register.
4. Enter your information and then press the Register button at the bottom.
5. After you Register, be sure to check your email for a Welcome letter from us. If you do not see an email from us, please check your spam folder.

If you already have an account with Ask My Buddy or just Registered,
6. Enter your email and password
7. Press Login
8. A screen should display saying 'Account linking successful'
You may now exit the Alexa companion application and go to www.AskMyBuddy.net to add your Contacts.

Add Contacts:
1. In your internet browser, go to www.askmybuddy.net
2. Click on the Login menu item (if you are on a mobile device, tap on the 3 lines in the upper left corner).
3. Enter the login information that you used when you registered (email and password) then press Login button.
4. Once logged in you will be at the Settings page. Enter any additional information, then press Save Changes
5. Select menu item Contacts from the menu at the top (mobile device, tap the 3 lines in the upper left corner)
6. Fill in each field for a contact then click the Save Changes button at the bottom.
   ** Always press Save Changes after each new contact is entered. If there are any errors you will see them in the blue title bar area.

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Once complete you are ready to use Ask My Buddy.
   Talk to your Alexa device and say, 'Alexa, Ask My Buddy to Alert YourContactFirstName'. Alexa will alert that person and let you know that she did. Or say, ‘Alexa, Ask My Buddy to Alert Everyone’.

Contact Names and Spelling
   If Ask My Buddy is having difficulty with a specific contact name, Alexa may not be hearing the name, or Alexa is spelling what she hears differently than how it is entered in your Contacts list.
   For example, your contact may be Kristie, but Alexa spells it Christy. We do try to accommodate similar sounding names, but there are always some that do not quite match up.
   In the Alexa application, on the Home page, you should see a 'card' that states what Alexa heard, and what Alexa passed to Ask My Buddy. Please say 'Alexa, Ask My Buddy to alert 'yourcontactname', then please look to see what word Alexa heard and how she spells it.
   Try asking Alexa how to spell the names of your contacts, so you can see what Alexa hears. Say, 'Alexa, how do you spell Lois?' Then change the spelling in your contact list to be the same. That way, Alexa will always get it right. Don’t worry, your contacts will not see how you spelled their name.
   Visit our https://www.youtube.com/askmybuddy for a video discussing contact name spelling and how to look at the cards in the Alexa application.

To Reset Passwords:
   1. Go to AskMyBuddy.net
   2. Click on the Login menu item
   3. Enter your email address
   4. Click on the Forgot Password button.
   
   Look for the message in the blue title area that states an email was sent. If instead it states error, please check the spelling of your email address. If the email address cannot be located in our system, we cannot send a Reset Password request.

   5. Open your email application and look for email from Ask My Buddy with subject Reset Password. This email with the reset password link is sent to your email address instantly.
   
   If you do not see the email please check your email spam folder.

   6. In the email, click on the link that says Click here to Reset your Password
   7. This will open our website AskMyBuddy.net
   8. When the password reset dialog opens, enter a new password of your choosing. Then enter it again.
   9. Press Change Password button
   10. You will then be returned to the login page.
   11. Enter your email address and the new password you just created and press Login.

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